



	Stewardship	Family & Community	Options for the Poor & Vulnerable	Dignity of the human Person	Solidarity of the Common Good	Dignity of Work
Year 1	TenTen – Let the Children Come My Happy Mind Meet Your Brain lessons 1-5	TenTen – God Loves You TenTen – Special People My Happy Mind Celebrate lessons 1-4	TenTen – Treat Others Well... TenTen – ...and say sorry My Happy Mind – Appreciate lessons 1-3	TenTen – Good and Bad Secrets TenTen – Physical Contact My Happy Mind – Relate lessons 1-3	TenTen – Harmful Substances TenTen – Can You Help Me? (Part 1) TenTen – Can You Help Me? (Part 2) TenTen – Three In One My Happy Mind – Engage lessons 1-4	TenTen – Who Is My Neighbour? TenTen – The Communities We Live In TenTen – Who Will I Be? + Classroom Shorts My Happy Mind – Consolidation and happy breathing
Year 2	TenTen – Let the Children Come My Happy Mind Meet Your Brain lessons 1-5	TenTen – I Am Unique TenTen – Girls and Boys My Happy Mind Celebrate lessons 1-4	TenTen – Clean and Healthy (My Body) lesson 1 TenTen – Clean and Healthy (My Body) lesson 2 TenTen – Feelings, likes and dislikes My Happy Mind – Appreciate lessons 1-3	TenTen – Feeling Inside Out My Happy Mind – Relate lessons 1-4	TenTen – Super Susie Gets Angry TenTen – The Cycle of Life TenTen – Beginnings and Endings TenTen – Change is All Around + Classroom Shorts My Happy Mind – Engage lessons 1-4	TenTen – Real Life Online TenTen – Rules To Help Us TenTen – Three In One TenTen – Who is My Neighbour? TenTen – The Communities We Live In TenTen – Needs and Wants + Classroom Shorts My Happy Mind – Consolidation and happy breathing



Year 3	TenTen – Get Up! My Happy Mind Meet Your Brain lessons 1-5	TenTen – Jesus, My Friend TenTen – Family, Friends and Others... TenTen – When Things Feel Bad My Happy Mind Celebrate lessons 1-4	TenTen – Sharing Online Appreciate lessons 1-4	TenTen – Chatting Online + Classroom Shorts My Happy Mind – Relate lessons 1-4	TenTen – Safe In My Body + Classroom Shorts TenTen – Drugs, Alcohol and Tobacco TenTen – First Aid Heroes TenTen – Rights and Responsibilities + Classroom Shorts My Happy Mind – Engage lessons 1-4	TenTen – A Community of Love TenTen – What is the Church? TenTen – How Do I Love Others? TenTen – Working Together + Classroom Shorts My Happy Mind – Consolidation and happy breathing
Year 4	TenTen – Get Up! My Happy Mind Meet Your Brain lessons 1-5	TenTen – We Don't Have to be the Same TenTen – Respecting Our Bodies My Happy Mind Celebrate lessons 1-4	TenTen – What Am I Feeling? TenTen – Sharing Isn't Always Caring (Y5 content) TenTen – Cyberbullying + Classroom Shorts (Y5 content) Appreciate lessons 1-4	TenTen - What Am I looking At? My Happy Mind – Relate lessons 1-4	TenTen – I Am Thankful TenTen – Life Cycles TenTen – A Time For Everything TenTen – Big Changes, Little Changes + Classroom Shorts My Happy Mind – Engage lessons 1-4	TenTen – Balancing needs (brand new content) TenTen – Recognising Risk (brand new content) TenTen – A Community of Love TenTen – What is the Church? TenTen – How Do I Love Others? TenTen – Money Matters + Classroom Shorts My Happy Mind – Consolidation and happy breathing



Year 5	TenTen – Story Sessions: Calming the Storm My Happy Mind Meet Your Brain lessons 1-5	TenTen – God is Calling You TenTen – Under Pressure My Happy Mind Celebrate lessons 1-5	TenTen – Do You Want A Piece of Cake? TenTen – Self-Talk TenTen – What is Puberty? (Y4 content) Appreciate lessons 1-4	TenTen – TenTen – Changing Bodies (Y4 content) My Happy Mind – Relate lessons 1-4	TenTen – Types of Abuse + Classroom Shorts TenTen – Impacted Lifestyle + Classroom Shorts TenTen – Making Good Choices TenTen – Giving Assistance My Happy Mind – Engage lessons 1-4	TenTen – The Holy Trinity TenTen – Catholic Social Teaching TenTen – Reaching Out TenTen – The World of Work + Classroom Shorts My Happy Mind – Consolidation and happy breathing
Year 6	TenTen – Story Sessions: Calming the Storm TenTen – Gifts and Talents TenTen – Girls' Bodies (lesson to be delivered to girls & boys separately) My Happy Mind Meet Your Brain lessons 1-3	TenTen – Boys's Bodies (lesson to be delivered to girls & boys separately) TenTen – Spots and Sleep TenTen – Body Image TenTen – Peculiar Feelings My Happy Mind Celebrate lessons 1-2	TenTen – Emotional Changes TenTen – Seeing Stuff Online TenTen – Hope Beyond Death TenTen – Coping with Change + Classroom Shorts Appreciate lessons 1-2	TenTen – Build Others Up + Classroom Shorts TenTen – The Holy Trinity TenTen – Catholic Social Teaching My Happy Mind – Relate lessons 1-2	TenTen – Reaching Out TenTen – Money and Me + Classroom Shorts My Happy Mind – Engage lessons 1-2 My Happy Mind – Meet Your Brain Transition lesson 1-3 My Happy Mind – Celebrate Transition lessons 1-3 My Happy Mind – Appreciate Transition lessons 1-2	TenTen – Confidence vs Control (brand new content) My Happy Mind – Relate Transition lesson 1-2 TenTen – Making Babies (Part 1) (lesson to be delivered to girls & boys separately) TenTen – Menstruation (lesson to be delivered to girls & boys separately) My Happy Mind – Engage Transition lessons 1-2